



LEADER'S GUIDE

Transform Your Life

The five lesson pages are for students performing at a 3rd grade reading level. Pick four of the five lesson pages to work on, depending on the literacy skills of your group. Estimated amount of time per page: 20 minutes. No matter if your students are a bit behind or advanced, you can tailor these worksheets to your needs.

BLACK—BASIC LEVEL

Instructions in black are for students who can read without much difficulty at a 3-4th grade reading level. Recommended worksheets: 1,2,4, 5

GREEN—BEYOND

Instructions in GREEN are for students that excel at reading comprehension or have a deep desire to know Christ.

Recommended Worksheets: 1,2, 3,4

RED—BEGINNER

Look at the tips in red for younger students and those who need a bit of help with reading skills.

Recommended Worksheets 1,2,4,5

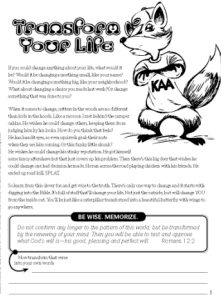
LESSON GONE LONG?

- Devote your time to the discussion sections, such as page 2. Listen to where students are with Christ. Make sure they understand the vocabulary, particularly the meaning of transformation.
- Challenge students to look up scripture at home, or invite the kids back to continue the discussion or lesson on a further date.

GOT EXTRA TIME?

- If you used all of the worksheets, turn them over and use the rest of the time to visualize their dreams and future, drawing a picture of some aspect of their life.
- Have returning campers talk about their life-changing experience at KAA.

Questions? Email info@tastyfaith.com Or give us a holler 773 929 8217



PAGE ONE: TRANSFORM YOUR LIFE (twenty minutes)

Have some of your returning campers transform the story into a fun short skit. It’s a great way to use their imagination, trigger KAA memories while having them practice reading and writing skills. After going through the skit or story as a group, break up into small groups. Reread the story again, this time, asking students the questions that kick off the text.

MEMORY VERSE

Take ten minutes to memorize the verse. Read it as a group two or three times. Go over the students’ personal translations. Throw in claps, “uh Huhs” or a beat to make the verse easier to chant and memorize.

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PAGE TWO Transform and GO AGAINST THE FLOW (twenty minutes)

Have returning KAA incorporate the GO AGAINST THE FLOW story into a mini skit. Then read the skit as a group. **BEGINNER: pair the youth up and have kids read to each other, with an older youth or adult mentor.** Discuss the meaning of Go Against the Flow. Ask for examples. Discuss the meaning of Going *With* the Flow. Ask for Examples.

Discussion: Take time to have students discuss which animal they can relate to. Even find out what they know about these animals (have they smelled a skunk? Who saw a deer at KAA?). While most of the answers should revolve around change, be open to hear where they creative minds go!

Connect the vocabulary words to the animals. This will help with comprehension.

Raccoon (wishing he could change others)

Skunk (instead of changing, just he just covered up his problems)

Deer (wish he could change one bad choice that cost him his dear life!)

Caterpillar (total transformation and can go places he never dreamed of)

Largemouth Bass (courage to go against the flow) Did not conform.

Largemouth—it's one word! Ask youth if they think largemouth is spelled incorrectly. Should there be a space between large and mouth? *Applaud those who thought it was a typing error because that is what it looks like.* Let them know that the largemouth bass is a popular fish in Table Rock Lake (where KAA is located) and this big fish is one big word. Ask students what other words are spelled differently than they'd expect?

VOCABULARY

Ask students as a group what the following words mean. Which animal transformed? Ask for examples of what each word means. Challenge students to use them in a sentence. Ask What words do you use instead?


APPLICATION WRITING PROMPTS

Have students write short answers to the discussion questions. Their answer could be a word or a phrase. Take time to discuss each question.

BEGINNER


Visualizing answers is a great literacy tool. Have younger students draw a response to the first question on the back of their lesson page. Take time to discuss and showcase each drawing.

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Paul Transformed on a Road Trip

Overhaul! What does the description of Paul's character tell you about him? How do you think he would be like in your own life? How do you think he would be like in your own life? How do you think he would be like in your own life?



PAGE 3 PAUL: TRANSFORMED ON A ROAD TRIP (twenty minutes)

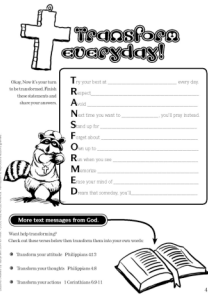
Break students up in small groups. Have a leader read the while students follow along. Ask the students what it would be like to live in “bible times”. Ask questions about what you just read. Then read a second time as a group,
BEYOND: Break into small groups and go over the real deal in ACTS.
BEGINNER: Discuss what it would be like to live in Bible times. What would kids do for fun? Would it be easier back then to “transform into a Christian” or not?

OVERHAULIN’

This exercise will help with reading comprehension. Have students compare Paul’s characteristics with their own. Along with comparing his character traits, be open to comparing his clothes, where he lived, how he traveled, and how he heard from Jesus.

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Page 4: **TRANSFORM EVERYDAY (APPLICATION) (twenty minutes)**

Spend time having students think about the things they can do to transform each day. **BASIC:** Ask for different answers that start with "Try", "Respect" etc. Discuss their different answers. This is a great way to work on *phonics* or the sounds that make up words as well as spelling. For instance, if a student says "try your best at SCHOOL each day", ask for a volunteer on how to spell School.

SAMPLE RESPONSES

- Try your best at _____ every day. **School**
- Respect _____ **teachers, people different than you**
- Avoid _____ **making excuses, gangs**
- Next time you want to _____, you'll pray instead. **Give up, steal candy**
- Stand up for _____ **what is right, kids who get bullied**
- Forget about _____ **mistakes you made last year.**
- Own up to _____ **your actions**
- Run when you see _____ **trouble**
- Memorize _____ **Romans 12:2**
- Erase your mind of _____ **bad thoughts**
- Dream that someday, you'll _____ **a famous writer**

BEYOND: have students write their name vertically on the back of their lesson sheet and create an acronym of how they want to transform. Use their creativity to come up with one thing in their life they want to transform for each letter.

MORE TEXT MESSAGES FROM GOD.

BEYOND. Take time to look up these additional verses on transformation. Read them aloud. Have students explain them in their own words.

BEGINNER: Read to the students each of these verses. Pick a translation you think they'll respond to best. Discuss as a group what each verse means.

Transform your attitude Philippians 4:13
I can do all things through Him who strengthens me.

Transform your thoughts Philippians 4:8
Whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.

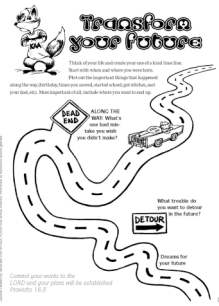
Transform your actions 1 Corinthians 6:9-11

Do you not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor male prostitutes nor homosexual offenders nor thieves nor the greedy nor drunkards nor slanderers nor swindlers will inherit the kingdom of God. And that is what some of you were. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God.

BEGINNER: Take time explaining what *transform* your attitude, *transform* your thoughts, and *transform* your actions mean. Give examples of each. Remind students that Jesus can help them with transformation.

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PAGE 5—ACTIVITY (ROADMAP TIMELINE) (twenty minutes)

Creating timeline helps students incorporate what they learned into life-long application, understanding that with Christ’s help, they can transform their futures. If you have time to go over the timelines, it’s a great way to get to know your students. Hang them up in your youth center if you have space. If you have time, have students explain their personal timelines.

BEGINNER: Focus on the road map and the questions along the way. Explain what detour means, connecting it to an example of something you wish you detoured. Be open about a dead end you made in your life. How did your faith in Christ help you get on track?

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Plan a Kids Across America Day

Once you return to home, think about planning a KAA Day.

Plan it soon, making the most of the energy of your returning campers.

Use the downloadable poster to help get the word out. You can print it in full color or B/W. Hang it up or pass it out.

Kick off your event with teens and Kaleos sharing about their experience at KAA teaching others their favorite chants or songs.

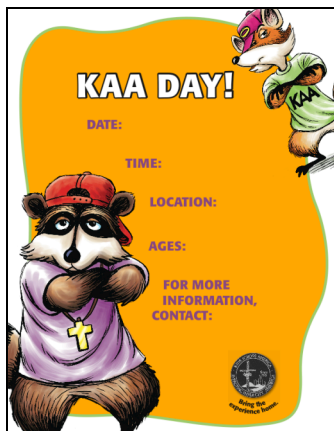
Or, you could incorporate the lessons into your current program format.

Whatever your plan, do something now. Next summer might be too late.

Suggest program length: 2 hours

Start promoting it 2 weeks before the event

Review the materials before the night of your program.



Download the poster!

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Feedback Form



Please take a few minutes to share your thoughts about these materials.

Name: _____

Church Name: _____

Address: _____

City: _____

State: _____

Zip: _____ Phone _____ -- _____ -- _____

Did you have a KAA Day? _____

Did you use the promotional poster? _____

What age range did you target? _____

About how many attendees showed up? _____

Did your returning campers take part in the program? _____

Worksheets

Which worksheets did you use? 1 2 3 4 5 ALL

Did you find the materials easy to use?

The reading level was **advanced** just right or **not challenging** for your students?

Did the Leader's Guide help you adjust the lessons? _____

How did you youth respond to the lessons? _____

Was there one lesson page/excersice they liked more than others? _____

Future Lessons

Would you be interested in more lessons from KAA?

Would you be willing to put on a one week "Vacation Bible School" style program or another one night event?

Anything Else?

EMAIL TO info@TastyFaith.com or fax to 773 527 2900 or just call and let us know what you think! Or, for you old timers, snail mail to TastyFaith, PO BOX 578507, Chicago, IL. Or, just